



SAINT JAMES ELEMENTARY SCHOOL

Dear 4th and 7th Grade Parents/Guardians:

Please be advised that all students entering 4th and 7th grade are required to have a current physical examination on file in the nurse's office. A Sudden Cardiac Death Consent Form must also be signed and sent in.

The Health Examination Form and the Sudden Cardiac Death Consent form, can be found on the St. James website under 'Helpful Forms'. Those forms are the same forms that are used for the required sports physicals. Please send it in **by the last day in September** to meet the requirements for the **current school year**.

Thank you in advance for your anticipated cooperation,

Linda Doherty RN
School Nurse

**PLEASE SEND IN AN ENVELOP
ADDRESSED SCHOOL NURSE**